



Name: _____

Ocean Beach Alternative School Directed Athletics Form

Directed Athletics Form

Directed Athletics credits may be issued to students for supervised high school athletics, community-based athletics, or independent courses of study with a physical education component. Students who opt to use Directed Athletic credits for their Physical Education requirement shall complete activities that demonstrate their understanding of the knowledge portions of the physical education requirements.

Credit Requirements:

- **Supervised High School Athletics** - Students may be granted credit at the rate of .5 credit for each successfully completed athletic season for a total of 1.0 credit.
- **Community Athletics*** - Students may be granted credit at the rate of .5 credit for each successfully completed athletic season for a total of 1.0 credit. Students must log 45 hours of physical activity, demonstrate a knowledge component, and have signatures from supervising coaches, trainers, etc.
- **Independent Physical Education Plan*** - Students may be granted credit at the rate of .5 credit for each successfully completed course of study for a total of 1.0 credit. Students must log 45 hours of physical activity, demonstrate a knowledge component, and have signatures from supervisors, parents, etc. as spelled out in the student's individual plan.

High School Sport or Community Athletics	Date of Season <small>i.e., fall 2016</small>	Coach's/Trainer's or Academic Advisor's Signature	Date of Signature

Student Signature

Parent Signature

Principal Signature

* For these options attach or email a completed log form and a signed verification form