

OCEAN BEACH SCHOOL DISTRICT NO. 101: ILWACO HIGH SCHOOL EXTRA-CURRICULAR CODE

(Last updated June 6, 2019)

THIS CODE APPLIES TO all participants in every ASB funded and sanctioned activity and athletic program.

Many rewards are gained through participation in athletics and activities and likewise, many sacrifices are made. The student who sets his/her mind to do what is required in order to be successful will be the one who gets the most out of our programs and who will succeed.

Participation in athletics and/or extra-curricular activities is ***a privilege***, not a right. We hope that all students will choose to participate in one of the many options available to them.

- Furthermore, students who do choose to participate should understand that high standards of academic performance, citizenship, sportsmanship, and overall appropriate conduct is expected at all times.
- This is a part of our effort to develop well-rounded, young people with character and integrity who will be prepared to succeed beyond high school in post-secondary training, career, citizenship, and life.

THE SEASON OF PARTICIPATION IS DEFINED AS beginning with the first day of practice and lasting through the season-ending banquet, including school holidays, (winter break, spring break, weekends, etc.), **and during school-related summer activities.**

Students are subject to the rules as outlined by the Washington Interscholastic Activities Association (WIAA), the Ocean Beach School District, the Extra-Curricular Code, and their coaches/advisors for conduct and outcomes throughout the season(s) of participation ***which will include school-related summer activities.***

ATTENDANCE: **Participation** in practice and/or games/contests ***is dependant upon the student's attendance at school the entire day (all periods/the full day) of the practice/game or contest.*** Exceptions to this rule include:

- Reasonable time for ***medical and dental appointments.*** When students miss school for such appointments ***they must bring a note from the medical/dental office*** confirming the appointment, ***and*** that they are cleared to participate, in order to practice or compete/participate. We also ask that the parent/guardian pre-arrange these absences with a note or phone call to the school.
- School-sponsored activities***
- Family Emergencies*** (Cleared by Athletic Director and/or Principal)
- Funeral Attendance***
- Any ***other reasonable absences cleared in advance*** by the Athletic Director and/or Principal)

IN ADDITION:

- ❑ Students are expected to **arrive on time** to school **following any & all away contests!**
- ❑ **Occasional "Unexcused" tardiness** is sometimes unavoidable. If the student arrives at school by 9:00 AM, participation WILL be allowed. However, this exception will only be allowed for the first 3 occurrences in any given school year.

P.E. PARTICIPATION: *Athletes* that are enrolled in physical education and/or weight training classes during the season **are expected to participate just like any other student**. If a student gets a discipline referral for not participating in PE class, they may not participate that day in practice or game.

ACADEMIC ELIGIBILITY GUIDELINES: A student participating in WIAA sanctioned activities and extracurricular activities at Ilwaco High School **must be enrolled as a full-time student** in an approved, full-time program.

Note: By School Board Policy, any OBSD student participating in WIAA sanctioned activities must be enrolled in all six classes or the equivalent of 12 - 15 college credits or a combination thereof in order to be considered a full-time student.

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ACADEMIC PROBATION: If a student-athlete/activity participant is found to be academically ineligible until the next 6 week grading period concludes

- (1) **By WIAA Standards: Two or more F's means that you are ineligible (WIAA).** You can practice but may not compete/perform. You must attend a 30 minutes Study Table each day and bring a Study Table voucher to your coach/advisor in order to practice.
- A. Ineligibility lasts until the next grading period. It will, however, be reviewed at 3 weeks.
 - B. If at the end of 3-weeks, you have no F's, you will be deemed eligible to compete/perform. However, you must continue with Study Table for the remainder of the 6-week grading period in order to remain eligible.
 - C. Students not meeting the WIAA eligibility criteria (at the end of the previous (spring) semester) will be ineligible for the first five weeks of the fall semester. Grades for these students will be checked on Saturday, September 28th (Fourth Saturday in September) for possible eligibility beginning Monday, September 30th.

(2) **By Ilwaco HS Standards: No more than 1 F ... in order to maintain your eligibility, you must attend a 30 minute Study Table daily and bring a Study Table voucher to your coach/advisor in order to practice or play/perform for the next 6 weeks.**

- A. If at the next 6-week grading period the student does not meet the OBSD eligibility policy of maintaining 1 F or less, they will be deemed ineligible until the next six-week grading period.

Individual Education Program (I.E.P.) students will be evaluated for eligibility on the basis of their own I.E.P.

No voucher form = No practice or performance!

GRADING PERIODS: Determination of eligibility will be made based on grade reports from the following grading periods. **For** those who don't meet WIAA eligibility in the previous Spring semester, the fourth Saturday in September. All athletes will be evaluated at the 6 week, 12 week, and semester reporting periods.

THE ICU LIST: In order to compete or perform, you must NOT be on the ICU list on the day of the contest/performance. Exceptions include:

- A. From the time an assignment is put on the ICU list you have 24 hours before that assignment will keep you from participating.
 - (1) Assignments put on the ICU list after school the day prior to an event or on the day of the event itself.
 - (2) Tests/Quizzes/Projects if not taken/completed, must at least, have a time arranged between the teacher and the student.

ADDITIONAL NOTES REGARDING STUDENT ELIGIBILITY:

1. **ASB CARD:** Each extra-curricular participant (Athletics; Activities; Clubs, etc.) must possess a current ASB Card prior to participating in any sport/activity. (\$30.00)
2. **GENERAL:** Each athlete/participant is subject to WIAA, OBSD, IHS, rules of conduct, attendance, etc. in order to maintain their eligibility.
3. **SPORT/ACTIVITY SPECIFIC GUIDELINES:** Each coach/advisor will establish and distribute approved team rules/expectations. Eligibility will also be based on these guidelines and be subject to the Coach's discretion. Expectations may include issues such as dress, conduct, attitude, effort, respect, teamwork, practice attendance, etc.

NOTE: If the length of the suspension (for all steps and any of the infraction listed below) is longer than the remainder of his/her suspension during their next sports season or activity. For example: If there is an infraction with only six days left in the fall season, the 7th day of suspension will not occur until the first day of that participants next season (which could be the winter, spring, or even the next fall).

TOBACCO (any and all forms), ALCOHOL, MARIJUANA, OTHER DRUGS, AND any DRUG PARAPHERNALIA:

These guidelines apply to **all extra-curricular activities** and are cumulative throughout a student's high school (grades 9 - 12) career. For example ...

- A freshman reaches Step 1: Alcohol (ineligible for 21 calendar days)
- The same student as a junior reaches Step 2: Alcohol (ineligible for 60 calendar days)

PURPOSE: The purpose behind these expectations is to:

- Encourage continued and ongoing participation in extra-curricular activities while providing a support system to help our students make positive, healthy, safe, life choices.
- Change, reduce, and/or eliminate damaging, unsafe, unhealthy, negative and illegal behaviors.

STEP 1: Ineligible 21 in-season calendar days from the day of discovery.

- Continued practice is encouraged, at the coach's discretion
- Assessment is recommended!

STEP 2: Ineligible 60 in-season calendar days from the day of discovery.

- Assessment is strongly recommended prior to return to play
- Continued practice will be determined by the coach, player and Athletic Director. Considerations will include, but not be limited to, the amount of time left in the season, what is best for the player and for the team.
- Review after 30 days (See below)

STEP 3: One calendar year suspension from all athletics and activities

- Assessment is strongly recommended and encouraged prior to return to play
- Review after Six-Months (See below)

STEP 4: Sanctions may range from one calendar year suspension from all athletics and activities to a high school career-ending suspension. Subject to review. (See below)

LEGEND DRUGS: (Per WIAA Policy) Penalties for the possession, use, and/or sale of legend drugs (drugs obtained through **prescription** RCW 69.41.020-050) and/or **controlled substances** (RCW 69.50) shall be as follows:

1st Violation: A participant shall be immediately ineligible for interscholastic competition in the current interscholastic sports program (or activity season) for the remainder of the season. Ineligibility shall continue until the next sports season in which the participant wishes to participate unless the student accesses the assistance program outlined in B (below). Any athlete/participant who is found to be in violation of the Legend drugs and controlled substances rule shall have two options.

- A. The athlete will be ineligible for participation in contests for the remainder of that interscholastic sports season (activity season) and must meet the school's requirements in order to be eligible to compete/participate in the next interscholastic sports season. The school principal will have the final authority regarding the student's participation in further interscholastic sports (or activity) programs.
- B. The athlete may choose to seek and receive help for a problem with the use of legend drugs or controlled substances. Successful utilization of school and/or community assistance programs may allow him/her to have eligibility reinstated in that athletic/activity season, pending recommendation by the school.

2nd Violation: A participant who again violates any provision of RCW 69.41.020-050 or of RCW 69.50 shall be ineligible for interscholastic competition (and/or activity participation) for a period of one (1) calendar year from the date of the second violation.

3rd Violation: A participant who violates for a third time RCW 69.41.020-050 or of RCW 69.50 shall be permanently ineligible for interscholastic competition (activity participation). (WIAA)

GUILT BY ASSOCIATION (GBA): Proximity is a factor for any tobacco, alcohol, or legend drug issue ... If a student is in the presence of minors who are in possession of, using, or distributing tobacco, alcohol, and/or drugs they are obligated to leave the area immediately. If the student does not leave immediately they run the risk that it may **not** be considered GBA. The student in proximity is expected to report the offense, to school authorities immediately.

STEP 1: Warning!

STEP 2: The second offense equals the next step on the extra-curricular code (Step 1 ... 21 calendar day suspension from the activity/sport)

A. **A MINOR IS DEFINED AS** being under the age of 21 for tobacco in **any** form (electronic, vape, Juul, chewing, etc.) and under the age of 21 for alcohol and/or any other drug. It is expected that all students will immediately remove themselves from any situation where illegal drugs, alcohol and/or tobacco are being used by anyone defined as a minor or the guilt by association (proximity) rule will be in effect. (Step 1: Warning ... Step 2: The next step on the extra-curricular code).

ASSESSMENT PROCESS: Evaluation/Assessment of the student can be done at Ilwaco High School (free of charge) or at another location at the expense of the participants family.

Potential outside of school resources include:

- Willapa Behavioral Health (Long Beach) (360) 642-3787
- Life Works (Astoria) (503) 338-6990
- Addictions and Family Counseling (503) 717-1698

FELONY OR GROSS MISDEMEANOR: Arrest, conviction, or diversion. Each case is to be individually reviewed. If charges are dropped, the student may reapply for eligibility.

STEP 1: One calendar year suspension from all athletics/activities.

- Review after six months (See below)

STEP 2: Additional sanctions ranging from a one-year suspension from all activities/athletics to ineligibility for the remainder of their high school career upon review.

REVIEW PROCESS: The following criteria (at a minimum) will be used in the review of any suspension to determine readiness for return to participation.

- Grades
- Attendance
- Behavior
- Attitude

If the student meets the criteria and is deemed ready to return to participation...

- They will be placed on a contract and allowed to participate.

If any of these criteria areas become unsatisfactory...

- The contract will be canceled and the student placed back on suspension for the duration of the original suspension.

APPEAL PROCESS: Any disagreement with the application of the above policy may be appealed first, to the Athletic Director ... then, to the Building Principal ... to the Superintendent ... and, finally, to the School Board. For more information on the appeal process, you may contact the School Administration.

CHARACTER COMMITMENT DEDICATION PRIDE RESPECT

TEAM

“The experience of being on a great team is priceless”

“The power of WE is stronger than the power of me.”

DON'T LET YOUR TEAMMATES DOWN!

WE ARE ... ILWACO!