

OCTOBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				1 WG Bagel, String Cheese, Fruit Cup, 100% Fruit Juice, Milk Pizza Day! Cheese or Pepperoni, Celery Sticks, Chilled Corn, Grapes and Milk
4 Breakfast Burrito, Chilled Peaches, Seasonal Fruit, Milk WG Corn Dog, Smiley Fries, Fresh Greens with Ranch, Cucumbers, Grapes and Milk	5 WG Cereal, Diced Peaches, 100% Fruit Juice, Milk Chicken and Cheese Quesadilla, Sweet Bell Pepper Strips, Corn and Black Bean Salsa, Apple Slices, Milk	6 WG French Toast Sticks, Sausage, Fresh Oranges, Milk Cheese Burger on WG Bun, Tater Tots, Broccoli Buds, Fresh Orange, Milk	7 Cheese Omelette, WG Biscuit, Peach Cup, Milk Pasta with Meat Sauce, Celery Sticks, Sweet Pepper Strips, Fresh Grapes, Milk	8 <i>Breakfast on a Stick, Fresh Oranges, Milk</i> <i>WG Pizza, Carrots with Ranch Dip, Garbanzo Beans, Banana and Milk</i>
11 WG Blueberry Muffin, Hard Boiled Egg, Peach Cup, Milk WG Bagel, Yogurt Cup, String Cheese, Celery and Carrot Sticks, Fresh Apple, Milk	12 WG Strawberry Pancakes, Applesauce Cup, Milk Bean and Cheese Burrito, Fresh Greens with Ranch and Tomatoes, Bean and Corn Salsa, Orange, Milk	13 Late Start Beef Burger on WG Bun, Red Pepper Strips with Cucumber Slices, Fresh Apples, Milk	14 WG Cereal Bar, Fresh Orange Slices, 100% Fruit Juice, Milk BBQ Chicken Sandwich on WG Bun, Fries, Fresh Cauliflower, Banana, Milk	15 WG Breakfast on a Stick, Strawberry Slices, Milk WG Pizza, Celery and Carrot Sticks, Garbanzo Beans, Apple Slices, Milk
18 WG Strawberry Poptarts, Hard Boiled Egg, Diced Pears, Milk Crispy Chicken Sandwich on WG Bun, Baby Carrots, Fresh Cauliflower, Orange, Milk	19 WG Cinnamon French Toast Sticks, Sausage Links, 100% Fruit Juice, Apple, Slices, Milk WG Beef and Cheese Taco Snack, Cucumber Slices, Corn and Bean Salsa, Fruit Cup, Milk	20 Cheeseburger with French Fries, Cherry Tomatoes, Cucumbers, Fresh Apple, Milk	21 WG Breakfast Pizza, Apple Slices, Milk WG Chicken Nuggets, Fresh Greens with Ranch Dressing, Garbanzo Beans, Orange Slices, Milk	22 Ham, Egg and Cheese on WG Bagel, Peach Cup, Milk WG Pizza Slice, Jicama Sticks, Carrots, Applesauce Cup, Milk
25 WG Banana Bread, Fresh Orange Wedges, Milk WG Bagel, Yogurt Cup, String Cheese, Celery and Carrot Sticks, Apple Slices, Milk	26 WG Cereal, Diced Peaches Milk Chicken and Cheese Crispito, Sweet Bell Peppers, Black Bean Salsa, Fresh Apples, Milk	27 Late Start Breaded Chicken Sandwich on WG Bun, Tater- Tots, Fresh Broccoli, Apple Slices, Milk	28 WG Breakfast on a Stick, Orange Wedges, 100% Fruit Juice, Milk Pasta with Marinara Sauce, WG Garlic Bread, Fresh Greens with Ranch and Cherry Tomatoes, Garbanzo Beans, Milk	29 WG French Toast Sticks, Sausage Links, Fresh Orange, Milk WG Pizza, Grape Tomatoes and Cucumber Slices, Apples, Milk

**USDA is an equal opportunity provider and Employer
Menu subject to change without notice**

