



# Hilltop Middle School MENU

## November 2018



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pancakes, Hard Boiled Egg, Fruit Cup  <b>Teriyaki Chicken, Yakisoba Noodles, Rice and Oriental Veggies</b>	2 Breakfast on a Stick, Applesauce, Fruit Juice  <b>Popcorn Chicken, Mashed Potatoes, Corn</b>
5 Assorted Cereal, Fruit  <b>Spaghetti with Chicken Alfredo or Meat Sauce, Steamed Veggies, Garlic Toast</b>	6 Banana Bread, Juice  <b>Chicken or Beef Taco, Pinto Beans, Green Salad</b>	7 Cheese Omelet, Mixed Fruit, Biscuits  <b>Beef or Chicken Nachos, Refried Beans, Green Salad</b>	8 Blueberry Muffin, Hard-Boiled Egg  <b>Orange Chicken, Rice or Noodles and Oriental Veggies</b>	9 Blanket Wrapped Eggs, Apple Sauce  <b>BBQ Beef Sandwich, Jo-Jos, Coleslaw</b>
12  <b>Veteran's Day No School</b>	13 Assorted Cereal, Fruit Cup  <b>Taco Tuesday, Tater Tots</b>	14 Scrambled Eggs, Sausage Patty with Cheese  <b>Beef Nachos, Refried Beans</b>	15 Oatmeal, Boiled Egg  <b>Noodles or Rice, Sweet &amp; Sour Chicken, Oriental Veggies</b>	16 Pancakes, Hard-Boiled Egg, Fruit Cup  <b>Roast Turkey, Mashed Potatoes with Gravy, Green Beans</b>
19 Hash Brown, Sausage, Eggs  <b>Meat Sauce with Penne Noodles, Green Peas, Garlic Bread</b>	20 Pancakes and Strawberries  <b>Meatball Sub, Jo-Jos, Peas and Carrots</b>	21 Breakfast Pizza  <b>Beef or Chicken Nachos, Refried Beans, Tater Tots</b>	22  <b>Happy Thanksgiving</b>  <b>Thanksgiving – No School</b>	23
26 Assorted Cereal, Fruit Cup  <b>Diced Chicken with Red or Alfredo Sauce over Pasta, Steamed Veggies and Garlic Bread</b>	27 Cheese Omelet, Hash Browns  <b>Taco Tuesday, Tater Tots, Green Salad</b>	28 Blueberry Muffin, Hard-Boiled Egg  <b>Chicken Nachos, Refried Beans, Green Salad</b>	29 Cinnamon Roll, Fruit  <b>Orange Chicken, Steamed Rice, Oriental Veggies</b>	30 Breakfast Burrito  <b>Meatloaf, Mashed Potatoes, Mixed Veggies</b>

USDA is an Equal Opportunity Provider

**MENU SUBJECT TO CHANGE**

Salad bar available daily. Choice of non-fat chocolate or 1% white milk served with every meal.

Parents may arrange to eat meals with your student by calling the school. Adult meals – \$4.75.

The supper program is offered at Ocean Park Elementary, Long Beach Elementary and Ilwaco High School.