



# Ocean Beach Elementary MENU November 2018



Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1 Strawberry Pancake, Hard Boiled Egg, Fruit Cup</p> <p><b>Chicken Drumstick, Roasted Potatoes, Green Salad</b></p>	<p>2 Breakfast on a Stick, Applesauce, Fruit Juice</p> <p><b>Pepperoni Pizza, Cheese Pizza</b></p>
<p>5 Assorted Cereal, Sliced Apples, Milk</p> <p><b>Whole Grain Macaroni &amp; Cheese, Sliced Ham</b></p>	<p>6 French Toast, Canned Fruit</p> <p><b>Sloppy Joes and Fries</b></p>	<p>7 Cheese Omelet, Mixed Fruit, Biscuits</p> <p><b>Chicken Nuggets, Baby Baker</b></p>	<p>8 Blueberry Muffin, Hard-Boiled Egg</p> <p><b>Chicken Fajita, Brown Rice, Refried Beans</b></p>	<p>9 Egg Patty, Hash Browns, Toast, Juice</p> <p><b>Pepperoni Pizza, Cheese Pizza</b></p>
<p>12  <b>Veteran's Day No School</b></p>	<p>13 Assorted Cereal, Fruit Cup, Milk</p> <p><b>Mandarin Orange Chicken, Oriental Veggies</b></p>	<p>14 Scrambled Eggs, Fruit Smoothie, Milk</p> <p><b>Chicken Alfredo Pasta</b></p>	<p>15 Banana Bread, Juice, Milk</p> <p><b>Glazed Drumsticks, Garbanzo Beans</b></p>	<p>16 Blanket Wrapped Egg, Applesauce, Milk</p> <p><b>Pepperoni Pizza, Cheese Pizza</b></p>
<p>19 Pancakes, Fruit, Milk</p> <p><b>Hawaiian Meatballs, Brown Rice</b></p>	<p>20 Whole Grain Cinnamon Swirl Roll</p> <p><b>BBQ Beef Sandwich, Coleslaw</b></p>	<p>21 Waffles, Juice, Milk</p> <p><b>Chicken Burger, Fries</b></p>	<p>22  <b>Happy Thanksgiving</b></p> <p style="text-align: center; border: 1px solid black; padding: 5px;"><b>Thanksgiving – No School</b></p>	<p>23</p>
<p>26 Assorted Cereal, Fruit Cup, Milk</p> <p><b>Fish Sticks, Fries, Green Salad</b></p>	<p>27 Cereal, Diced Pears, Milk</p> <p><b>Turkey Dog, Mashed Potatoes</b></p>	<p>28 Fruit Smoothies, Boiled Eggs, Toast, Milk</p> <p><b>Chicken Nuggets, Mashed Potatoes</b></p>	<p>29 Breakfast Slider, Sliced Peaches, Milk</p> <p><b>Hamburger, Tater Tots, Green Salad</b></p>	<p>30 Scrambled Eggs, Toast, Pears, Milk</p> <p><b>Pepperoni Pizza, Cheese Pizza</b></p>

USDA is an Equal Opportunity Provider

**MENU SUBJECT TO CHANGE**

Salad bar available daily. Choice of non-fat chocolate or 1% white milk served with every meal.

Parents may arrange to eat meals with your student by calling the school. Adult meals – \$4.75.

The supper program is offered at Ocean Park Elementary, Long Beach Elementary and Ilwaco High School.