



Hilltop Middle School MENU January

2019!

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Winter Break – No School 12/20-1/2 <i>Happy New Year</i>	2	3 Whole Grain Pop Tart, Cereal Orange Chicken, Rice, Oriental Veggies	4 Waffles Popcorn Chicken, Scalloped Potatoes, Corn
7 Pancakes Meatball Sub, Steamed Veggies	8 Cheese Omelet, Cereal BBQ Beef Patty, Mashed Potatoes, Coleslaw, Dinner Rolls	9 French Toast Hard Shell Tacos, Refried Beans, Black Bean Salsa	10 Breakfast Pizza Rice with Chicken Teriyaki, Oriental Veggies	11 Assorted Cereal, Fruit Sliced Corned Beef, Steamed Cabbage, Potato Wedges
14 Hash Brown, Sausage, Cereal Penne Noodles w/Meat Sauce, Green Peas, Garlic Bread	15 Cinnamon Roll Philly Cheese Steak Sandwich, Fries	16 Scrambled Eggs, Cereal, Sausage Patty Chicken Nachos, Steamed Veggies	17 Breakfast Burrito Yakisoba Noodles, Tso Chicken, Oriental Veggies	18 Ham, Egg & Cheese Sandwich Meatloaf, Mashed Potatoes, Gravy, Peas & Carrots
21 Martin Luther King Junior Day NO SCHOOL	22 Pancakes, Strawberries Beef or Chicken Nachos	23 Breakfast Pizza Beef Taco, Brown Rice, Green Beans	24 Oatmeal, Hard Boiled Eggs Teriyaki Chicken with Rice, Mixed Veggies	25 Whole Grain Pop Tart, Cereal Beef Fajita, Tater Tots
28 Breakfast Wraps, Cereal Chili Dog with Cheese & Onion, Fries, Corn	29 Cheese Omelet, Cereal Turkey with Gravy, Mashed Potatoes, Green Beans	30 Oatmeal, Hard Boiled Eggs Chicken Fajita, Brown Rice	31 Assorted Cereal, Fruit Orange Chicken, Rice, Oriental Veggies	

USDA is an Equal Opportunity Provider

MENU SUBJECT TO CHANGE

Salad bar available daily. Choice of non-fat chocolate or 1% white milk served with every meal. Parents may arrange to eat meals with your student by calling the school. Adult meals – \$4.75. The supper program is offered at Ocean Park Elementary, Long Beach Elementary and Ilwaco High School.