



Ocean Beach Elementary MENU January

2019!

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Winter Break – No School 12/20-1/2		Strawberry Pancake, Hard Boiled Egg, Fruit Cup	Breakfast on a Stick, Applesauce, Juice
	<i>Happy New Year</i>		Pasta w/Meat Sauce or Alfredo, Garlic Bread, Green Beans	Pepperoni Pizza, Cheese Pizza
7 Assorted Cereal, Sliced Apples Whole Grain Macaroni & Cheese, Sliced Ham or Grilled Cheese, Green Beans	8 French Toast, Fruit Sloppy Joe or Grilled Cheese Sandwich, Fries, Fruit	9 Cheese Omelet, Mixed Fruit, Biscuits Chicken Nuggets, Fries, Green Salad	10 Blueberry Muffin, Hard Boiled Egg Chicken Fajita, Brown Rice, Refried Beans	11 Assorted Cereal, Sliced Apples Pepperoni Pizza, Cheese Pizza
14 Biscuit with Egg Patty, Sausage and Cheese Sandwich, Fruit Chicken Nuggets, Fries, Fruit, Mixed Salad	15 Assorted Cereal, Fruit Cup Orange Chicken, Rice, Oriental Veggies	16 Egg Patty, Hash Browns, Toast, Juice Italian Meatball Sandwich, Green Beans, Fruit	17 Sausage & Egg Breakfast, Fruit Hamburger, Garbanzo Beans, Fries, Fruit	18 Omelet, Fruit Pepperoni Pizza, Cheese Pizza
21 Martin Luther King Junior Day NO SCHOOL	22 Waffles, Juice Seasoned Chicken, Three Bean Salad, Dinner Roll	23 Assorted Cereal, Fruit Chicken or Beef Taco, Tater Tots, Refried Beans	24 Pancakes, Sausage Patty, Fruit Burrito, Mixed Salad, Fruit	25 French Toast, Eggs, Fruit Pepperoni Pizza, Cheese Pizza
28 Assorted Cereal, Fruit BBQ Chicken Sandwich, Fries, Peas & Carrots	29 Egg Patty, Hash Browns, Fruit Chicken or Beef Burger, Fries, Mixed Salad	30 Biscuit w/Egg, Sausage & Cheese Hot Dog, Salad, Fries	31 French Toast, Link Sausage, Fruit Bagel, String Cheese, Yogurt, Fruit	

USDA is an Equal Opportunity Provider

MENU SUBJECT TO CHANGE

Salad bar available daily. Choice of non-fat chocolate or 1% white milk served with every meal. Parents may arrange to eat meals with your student by calling the school. Adult meals – \$4.75. The supper program is offered at Ocean Park Elementary, Long Beach Elementary and Ilwaco High School.