





Ilwaco High School MENU



December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 Assorted Cereal, Sliced Apples Spaghetti with Meat Sauce, Steamed Veggies, Garlic Toast	4 French Toast, Fruit Chicken Fajita, Pinto Beans, Green Salad	5 Biscuit with Egg, Sausage and Cheese Nachos with Beef, Refried Beans, Diced Tomatoes, Olives, Onions and Sour Cream	6 Pancakes, Hard Boiled Egg, Fruit Cup Teriyaki Chicken, Yakisoba Noodles, Rice and Oriental Veggies	7 Breakfast on a Stick, Apple Sauce, Juice Baked Chicken, Mashed Potatoes, Corn
10 Assorted Cereal, Sliced Apples Spaghetti with Meat Sauce, Steamed Veggies, Garlic Toast	11 French Toast, Fruit Beef Fajita, Pinto Beans, Green Salad	12 Cheese Omelet, Mixed Fruit, Biscuits Nachos with Chicken, Refried Beans, Diced Tomatoes, Olives, Onions and Sour Cream	13 Blueberry Muffin, Hard Boiled Egg Sweet & Sour Chicken, Yakisoba Noodles, Rice and Oriental Veggies	14 Breakfast on a Stick, Apple Sauce, Juice Chicken Drumstick, Jo-Jos, Corn
17 Pancakes, Fruit Penne Pasta with Meatballs in Red Sauce, Steamed Veggies	18 Assorted Cereal, Fruit Cup Sliced Ham, Sweet Potatoes, Peas & Carrots, Dinner Rolls	19 French Toast, Fruit Nachos with Beef, Refried Beans, Diced Tomatoes, Olives, Onions and Sour Cream	<div style="border: 1px solid black; padding: 5px; display: inline-block;"> Winter Break – No School </div>	
24 	<div style="border: 1px solid black; padding: 5px; display: inline-block;"> Winter Break 12/20/18 – 1/2/19 </div>			
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USDA is an Equal Opportunity Provider

MENU SUBJECT TO CHANGE

Salad bar available daily. Choice of non-fat chocolate or 1% white milk served with every meal.

Parents may arrange to eat meals with your student by calling the school. Adult meals – \$4.75.

The supper program is offered at Ocean Park Elementary, Long Beach Elementary and Ilwaco High School.